



## Newsletter #5 (Fall Information)

Sunday October 4, 2009

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### Winter Schedule to be released next Sunday

In next Sunday's newsletter I will be releasing our weekly schedule for the winter along with some tentative tournament dates. This will include practice times and locations for all levels.

### Saturday Morning Open Gyms

#### (Levels/Days/Locations)

Class Level	Days & Times	Location
Ages 5-14	Every Saturday in September/October (12-1 pm)	West Salem Courthouse

These Saturday morning open gyms are for current members of the Courthouse Basketball Academy and non-members of the Academy. We would encourage members of the Courthouse Basketball Academy to invite their friends who would like to come and play basketball with them in a structured setting to attend. If you are a member of the Courthouse Basketball Academy there will be no charge, all non-members will be charged only \$3 per Saturday to participate. During the open gym there will be 20-minutes of skill work and 40-minutes of open play.

The sessions will begin Saturday September 19, 2009 and end Saturday October 31, 2009. This is designed to be a fun, interactive hour of basketball.

## 1<sup>st</sup> through 8<sup>th</sup> Grade Basketball Players

### PLEASE SPREAD THE WORD REGARDING OUR PROGRAM

If you know anyone entering the 1<sup>st</sup> through 8<sup>th</sup> grade that is interested in playing club basketball please pass on our information. We are proud to be the only club level basketball program in the Mid-Willamette Valley catering to athlete's ages 5-14.

### Fall Class 2009 Information (Levels/Days/Locations)

Class Level	Days & Times	Location
Level 1	Monday & Wednesday/4-5 pm	South River Road Courthouse
Level 1 & 2	Tuesday & Thursday/4-5 pm	West Salem Courthouse
Level 2 & 3	Monday & Wednesday/5-6 pm	South River Road Courthouse
Level 3, 4, & 5	Tuesday & Thursday/5-6 pm	West Salem Courthouse
Level 4, 5, 6, 7, & 8	Monday & Wednesday/6-7 pm	South River Road Courthouse
Level 4, 5, 6, 7 & 8	Tuesday & Thursday/ 6:30-7:30 pm	South River Road Courthouse
High School Fall Workouts	Sunday's/2-4 pm	South River Road Courthouse
Jon Hildabrandt Ball Handling Camp	Sunday September 20, 2009 1-5 pm (\$50 dollars)	South River Road Courthouse

### Winter 2009/2010 Information (Dates & Cost)

Class Level	Classes Begin/End	Cost (Monthly)
Level 1 & 2 (Team Practices) Includes League	November 9, 2009 - March 19, 2010	\$40 member/\$50 non-member
Level 3 (Team Practices) Includes 1 Tournament/League	November 9, 2009-March 19, 2010	\$60 member/\$50 non-member (\$50 one time fee)
Level 4 (Team Practices) Includes 3 Tournaments/League	November 9, 2009- March 19, 2010	\$70 member/\$80 non-member (\$100 one time team fee)
Level 5 (Team Practices) Includes (4 Tournaments)/League	November 9, 2009- March 19, 2010	\$80 member/\$90 non-member (\$100 one time team fee)
Level 6 (Team Practices) Includes (5 Tournaments)/League	November 9, 2009- March 19, 2010	\$90 member/\$100 non-member (\$100 one time team fee)
Level 7 (Team Practices) Includes (7-10 Tournaments)	November 9, 2009- March 19, 2010	\$120 member/\$130 non-member

		(\$100 one time team fee)
Level 8 (Team Practices) Includes (7-10 Tournaments)	November 9, 2009- March 19, 2010	\$120 member/\$130 non-member (\$100 one time team fee)

Basketball season is just around the corner; practices will begin in November with games following December 2009 through March 2010.

Register for Winter 2009/2010 now to avoid your team fee and monthly fee coming out at the same time.

The one time team fee helps pay for tournament fees, league fees and uniforms upfront.

Please check out our new website at [www.basketball.fitfx.com](http://www.basketball.fitfx.com) where you can now follow us on twitter.