



## Newsletter #1 (Fall Information)

Thursday August 19, 2010

### IMPORTANT FALL INFORMATION

Welcome to all our new members and welcome back to our returning members! The weekly newsletter will begin Monday September 13, 2010 each Sunday till the end of March 2011 via email. The newsletter is a tool designed to keep everyone in the information loop regarding class schedules, days and times, and locations. The newsletter will also be available online each Tuesday at [www.basketball.fitfx.com](http://www.basketball.fitfx.com), so please get used to checking your email every Monday morning for continued updated information regarding our program.

Fall classes begin Monday September 13, 2010, please check the schedule below to find the appropriate times and locations for your classes. The registration page for fall and winter 2010/2011 will be available at [www.basketball.fitfx.com](http://www.basketball.fitfx.com) on Tuesday August 24, 2010. I apologize for the delay with the fall and winter registration page, the Courthouse Athletic Club has undergone some personnel changes over the summer so I am still learning how to do all the website updates myself.

### Fall Basketball 2010 Information (Levels/Days/Locations)

Class Level	Days & Times	Location
Kindergarten-2nd Grade Boys & Girls	Monday & Wednesday/4-5 pm	South River Road Courthouse
Kindergarten-2nd Grade Boys and Girls	Tuesday & Thursday/4:30-5:30 pm	West Salem Courthouse
3 <sup>rd</sup> and 4 <sup>th</sup> Grade Boys and Girls	Monday & Wednesday/5-6 pm	South River Road Courthouse
3 <sup>rd</sup> and 4 <sup>th</sup> Grade Boys and Girls	Tuesday & Thursday/5:30-6:30 pm	West Salem Courthouse
5 <sup>th</sup> -8 <sup>th</sup> Grade Boys and Girls	Monday & Wednesday/6-7 pm	South River Road Courthouse
5 <sup>th</sup> -8 <sup>th</sup> Grade Boys and Girls	Tuesday & Thursday/6:30-7:30 pm	West Salem Courthouse

**ALL FALL CLASSES BEGIN MONDAY SEPTEMBER 13, 2010**

**Gary Burks** • Director of Courthouse Basketball Academy  
 Cell Phone: (503)-949-3672 • Email: [garyb@fitfx.com](mailto:garyb@fitfx.com) • Website: [www.basketball.fitfx.com](http://www.basketball.fitfx.com)

## FALL BASKETBALL 2010 DETAILS

Grade: Boy's and Girl's Kindergarten- 8<sup>th</sup> Grade

When: Check Schedule Above

Where: Check Schedule Above

Times: Check Schedule Above

Fall Basketball Classes Begin: Monday September 13, 2010

Fall Basketball Ends: Thursday November 4, 2010

Fall Basketball Fee: \$100 total (member)/ \$125 total (non-member), you will have two options in paying for fall basketball.

Option #1- You can pay the entire (\$100 or \$125 upfront)

Option #2- You can be billed in two monthly installments of (\$50 or \$62.50) respectively (September & October 2010).

Fall Basketball Details: Each participant can attend between 1-4 classes per week. The schedule was set-up to accommodate athletes currently playing fall sports such as soccer, football, swimming, etc. The goal was to provide at least 2-days a week an athlete could attend. If you are able to attend 4-days a week consider it a complimentary bonus to your game.

Fall Basketball is designed to work on individual skills before the season begins. Often times due to limited practices available in the winter coaches must spend a majority of the focus on "THE TEAM". During fall basketball classes we will spend 8-weeks on individual dribbling, shooting, passing, defense, and variety of other individual skills necessary to excel in the game of basketball

**WINTER BASKETBALL INFORMATION COMING IN THE NEXT NEWSLETTER MONDAY AUGUST 30, 2010**